MY CAREER JOURNEY

1. KNOW YOURSELF
   - What do employers want from you?
   - What do I have to offer?

2. EXPLORE THE POSSIBILITIES
   - What's out there?
   - How will I decide?

3. PLAN A WAY FORWARD
   - Build experience, reflect and focus
   - Develop a goal

4. MAKE IT HAPPEN
   - Take action
   - Understand the recruitment process

#SeaYourFuture
My Career Journey is your personal guide to working out what you want to do after University and how to get there. Take a look at each stage, and use the resources below, together with our website at myuni.swan.ac.uk/employability, to help you manage your career.

If you’d like to, you can also take the SEA Award which covers the 4 stages of the Journey Map - myuni.swan.ac.uk/employability/swansea-employability-award-overview.

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